

2024 INTERNATIONAL COACHING APPRENTICESHIP IN BASKETBALL

JUNE 3 - NOVEMBER 6, 2024



MISSION

The mission of the University of Delaware and the United States Olympic & Paralympic Committee (USOPC) **International Coaching Apprenticeship in Basketball (ICAB)** is to provide national-level coaches and those responsible for the development of the sport in their country with an opportunity to enrich their basketball coaching skills and proficiencies and to expose them to the U.S. intercollegiate basketball environment.

The six-month program includes a four-month virtual module followed by a 23-day in-person apprenticeship experience with a U.S.-based National Collegiate Athletic Association (NCAA) Division I men's and/or women's basketball program that will allow for the candidates to shadow, observe and interact with the coaching staff of that program.





PROGRAM STRUCTURE

The International Coaching Apprenticeship in Basketball (ICAB) program is an intensive coaches' education training course that consists of four modules:

MODULE 1 (June 3–September 30: virtual/online)

This four-month virtual hybrid-online module will utilize synchronous and asynchronous sessions that will include lectures with leaders and coaches of intercollegiate basketball in the U.S. as well as group work and practical assignments related to the participants' current coaching environment. Sessions will be offered twice a month. Topics include:

- Course Introduction and Participant Introduction
- College Basketball: A conference and NCAA perspective
- The College Basketball Coach: Philosophy, leadership, staffing, planning, yearly schedule, role on campus and in community, culture
- The NBA Perspective: General manager perspective on basketball in the United States
- The G League: Its role in player development and relationship to college basketball
- Preparing Players for College: High school, club, and individual player development environments
- Analytics to Drive Performance
Integrated Sports Science: Statistics, video, sport science, and tracking to drive performance
- Division I College Basketball Programs and the University
- Coaching in the USA: An International Coaches Perspective and Experience: College Coaches Panel

MODULE 2 (October 8–10: in-person, Newark, Delaware U.S.)

This module is a two-day program at the University of Delaware to prepare participants for their apprenticeship experience with the intercollegiate basketball program.

MODULE 3 (October 11–November 3: in-person apprenticeships, U.S.)

The three-week apprenticeship occurs with a National Collegiate Athletic Association (NCAA) Division I men's and/or women's basketball program. This module will allow the candidates to shadow, observe and interact with the coaching staff of that program. NCAA rules prohibit the participants from training the players. The candidates will maintain a log of their experience, execute several assigned projects, participate in a weekly online seminar and develop a presentation on how they plan to implement ideas from the experience into their coaching and team development.

Activities will include:

- Observing team and individual training and practice sessions, as well as strength and conditioning sessions.
- Being on or near the bench during scrimmages and contests to observe timeouts and halftime talks.
- Conducting statistical analysis of practices and/or games for the team.
- Shadowing members of the coaching staff in those activities, as well as responsibilities away from training that would be deemed appropriate (e.g., staff meetings, video breakdown sessions, press conferences, speaking engagements with external groups, etc.).
- Interacting and discussing sport-specific coaching topics with staff.
- Participating in coaching development opportunities away from the site (e.g., coaching clinics, visits to other knowledgeable coaches).

MODULE 4 (November 3–6: in-person, Newark, Delaware, U.S.)

The three-day final program consists of a final presentation by the participants on their experiences and a trip to an NBA franchise.

SUPPORTING ORGANIZATIONS AND PARTNERS

The ICAB program is fully managed by the University of Delaware and the USOPC. The program is financially supported by USOC, FIBA/ WABC (World Association of Basketball Coaches) and Olympic Solidarity (IOC).



PROGRAM SCHEDULE

The program will be divided as follows:

- **MODULE 1**
June 3–September 30, 2024
(online-virtual)
- **MODULE 2**
October 8–10, 2023
(in-person, University of Delaware, Newark, Delaware)
- **MODULE 3**
October 11–November 3, 2024
(in-person U.S.-based apprenticeships)
- **MODULE 4**
November 3–6, 2024
(in-person presentations and NBA visit)

APPLICATION PROCESS

For participation in the ICAB program, candidates must be coaches meeting the following characteristics. They must:

- Hold the rank of official national coach recognized by their national federation and confirmed by FIBA;
- Be active and able to prove that they have practical experience as a coach at the national/international level;
- Demonstrate a strong background and knowledge in sport science either through having a higher education degree or experience.
- Coaches who do not have a strong background in sports science will be referred to the ICECP, an Olympic Solidarity- and United States Olympic and Paralympic Committee-supported multisport Coaching Education program administered by the University of Delaware;
- Be fluent in English (advanced reading, writing, and speaking skills).

The individual must be committed to returning and making an important and sustainable contribution to basketball through the application of the knowledge and experience gained from the program.

In accordance with the IOC's promotion of women in leadership positions in sports, national federations and National Olympic Committees (NOCs) are encouraged to support candidatures from women coaches.

All applicants will also be subject to approval by Olympic Solidarity and FIBA/WABC (World Association of Basketball Coaches) if they wish to benefit from a scholarship.

EXPECTATIONS OF THE CANDIDATES

The candidates will:

- Maintain a weekly log that will enable them to reflect upon their experiences and how they can be used to develop themselves as a coach.
- Prepare a report, and separate presentation, on how they plan on using the information gathered during the experience to further their professional development as well as the development of basketball in their country. Participants will present to their fellow participants at the program's conclusion. Then, upon returning home, they will also present to their respective national federation and NOC.
- Interview the professionals from the different aspects of the university and intercollegiate athletic department who interact with the basketball program (e.g., athletic director, marketing director, sports information director, academic advisor, facilities manager, etc.).
- Interview the coach from the host university on the philosophy of coaching, leadership style, ethics of coaching, and the coach's role in American sports. The candidate will subsequently prepare a written report on the interview.
- Participate in a weekly online presentation/discussion with ICAB Director.
- If the opportunity presents itself, the candidate will present to athletic teams, community groups, local high schools or university classes by giving an overview of sport, basketball and life in their home country.
- Attend and or participate in any activities deemed of value by the host.

PAST HOST PROGRAMS

Men's Programs

Davidson College
Duquesne University
LaSalle University
Lehigh University
Robert Morris University
St. Joseph's University
Temple University
University of Delaware

Women's Programs

Davidson College
DePaul University
Duquesne University
Lehigh University
University of Delaware
University of North Carolina
Villanova University



PROGRAM DIRECTOR

Dr. Matthew J. Robinson,

professor of sport management at the University of Delaware and chairman of the Delaware Sports Commission, is an internationally recognized coach developer.

Dr. Robinson serves as co-director for the International Coaching Enrichment Certificate Program (ICECP) which is offered in partnership with the USOPC and Olympic Solidarity. Through the ICECP, he has trained over 475 coaches from 125 countries in 39 sports including basketball. He also serves as director of the United Soccer Coaches and UD Master Coach and Soccer Leader Certificate program and served as Interim Director of Athletics at UD in the spring of 2016.

EXPECTATIONS OF HOSTS

The apprenticeship host site will be asked to:

- Allow the candidate to observe training and practice sessions and participate if applicable.
- Sit behind or on the bench during scrimmages and contests to observe timeouts and halftime talks.
- If applicable, allow the participant to travel to at least one away contest with the team.
- Allow the candidate to shadow members of the coaching staff in those activities/responsibilities away from training that would be deemed appropriate (e.g., staff meetings, individual workouts, strength and conditioning sessions, video breakdown sessions, press conferences, speaking engagements with external groups, etc.).
- Facilitate discussion with the candidate on sport-specific coaching topics with staff members.
- Share information on sport-specific coaching resources such as DVDs, books, practice plans, talks, and articles and when applicable and appropriate, make copies for the participant.
- Direct coaches to coaching development opportunities away from the site (e.g., coaching clinics, visits to other knowledgeable coaches).
- Develop a schedule for the participant to interact with all of the different aspects of the athletic department of which the program is a part. This will be an educational experience for the participants, for they will better understand the intercollegiate athletic environment. They can be asked to report on each of these visits. The sites visits would include:
 - Sports Information and Publicity
 - Academic Student Support
 - Strength and Conditioning Staff
 - Sport Medicine
 - Compliance Coordinator
 - Video Coordinator
 - Other Sport Coaches
 - Sport Marketing

- Day with Student Athlete
 - University Admissions Office
 - Athletic Director/Administration
 - Event and Facility Operations
 - Faculty Athletics
- Provide recommendations on the candidate's report which must be completed to complete the Apprenticeship successfully.

LOGISTICS AND COST

A maximum of 14 candidates could participate in the ICAB program. The Olympic Solidarity scholarship includes the cost of single-room accommodation, meals, health insurance, local transportation and the host site's coaching staff oversight.

NOCs interested in benefitting from an Olympic scholarship to cover the course fee should submit an application directly to Olympic Solidarity through the Programme of Olympic scholarships for coaches (refer to the guidelines and procedure). In accordance with the IOC's promotion of women in leadership positions in sports, basketball national federations and NOCs are encouraged to support candidatures from women coaches.

All applicants will be subject to approval by FIBA and Olympic Solidarity if they wish to benefit from a scholarship. The USOPC will provide visa processing support to accepted course participants and the costs of a round-trip international airline ticket from their home country to the United States. The USOPC will book all international travel.

FIBA will provide a stipend to the host university for the three-week apprenticeship. The University of Delaware will oversee the overall on-ground experience in the United States. For more information about the International Coach Apprenticeship in Basketball, visit www.udel.edu/icab